

Summer Schedule: through June 26, 2004

At Yogawerks, you're first class with us is always free

Monday	9:30-11am	Level 1-2	Chad
	6-7:20pm	Vinyasa Flow	Brian
	7:30-8:50pm	Basics	Brian
Tuesday	*8-9:15am	Basics	Staff*
	9:30-11am	Level 1-2	Marlene
	11:15am-1:15pm	Open Practice	Chad/Staff
	6:30-8:15pm	Level 2	Chad
Wednesday	9:30-11am	Basics	Mary Ellen
	11:15am-1:15pm	Open Practice	Chad/Staff
	6:00-7:20pm	Community	Marlene
	7:30-8:50pm	Level 1-2	Brian
Thursday	*8-9:15am	Basics	Staff*
	9:30-11am	Level 1-2	Marlene
	6:30-8:15pm	Level 1-2	Chad
Friday	9:30-10:45am	Level 2	Chad
Saturday	8-9:15am	Basics	Staff
	9:30-11am	Level 1-2	Chad
Sunday	9-11am	Level 1-2	Marlene
	12-1:15pm	Basics	Staff
	4pm	Community	Staff

**We invite you to try our new kung-fu teachers, the cost of these classes is by donation only.*

CLASS FEES

Class Level	13-week rate	Drop-in
Basic, Level 1-2, 2	\$195	\$17/class
More than 1 class	\$169	\$13/class
Community	drop in only	\$10/class
Unlimited Monthly	\$140 (Auto Pay)	n/a
Open Practice	drop in only	\$6/class
23 and under	\$104	\$8/class

TUITION DISCOUNTS (only 1 applies)

- Seniors receive 30% discount
- \$5 off for registering early (by April 4)
- Call us to pre-sign up for Kids classes

It's never too late to sign-up for a class. If you sign up after classes begin, we will gladly pro-rate your fees. You are free to make up a missed class anytime during the 13-week schedule.

- No phone registrations - Please register online or use the registration form on the back side
- Refund policies are posted on our website www.Yogawerks.com

Please fill out registration form on back side - more details on www.Yogawerks.com

Yogawerks offers workshops, teacher trainings and hatha yoga classes based on the Anusara yoga tradition. Anusara means "to be in the divine flow" or "to follow your heart".

- Refer a friend, get **\$10**
- **YOUR First class is always FREE**
- Workshops, Teacher Training
- Yoga Adventure Travel
- Clothing, Mats, Books



Teacher Trainings

Pamela Hollander: The Fine Art of Teaching Yoga to Children/ Level 1 & 2: Sept. 18 & 19

Desiree Rumbaugh: Teacher Training - Nov. 5-7

Teacher Training Intensive with Noah Mazé:

Jan. 21-23, 2005

Workshops/Immersion

Fast Start Program: Anusara Basics with Chad
2-4 pm \$50 June 5-6 and July 10-11

Noah Mazé: Anusara Yoga Transformation Intensive: June 11-13

Rolf Gates: Intensive: September 10-12

Desiree Rumbaugh: Anusara Immersion: November 5-7

Yogascapes: Yoga Adventure Travel

Yogascapes in Sedona: Sept. 24-26 - Anusara Yoga/Meditation/Hiking Weekend with Chad

Yoga and Scuba in Thailand: with Noah and Chad and Marlene:
December 26-Jan 2

For info and to register online www.Yogawerks.com



REGISTRATION FORM - APRIL 4-JUNE 26, 2003

Please fill out this form, marking each class you plan to attend, then total up your fees and submit complete with payment: by fax @ 847-202-4904; by mail: Yogawerks — 232 East Main Street, Barrington, IL 60010; or for your convenience register online at www.Yogawerks.com. We do not call to confirm registration - no news is good news!

Please print clearly:

Today's Date _____

Name (First, last) _____

Phone (home) _____ Phone (work) _____

Street Address _____ City _____ State _____ Zip _____

Email address _____

Class or Workshop: Day & Time _____ Fees _____

Class or Workshop: Day & Time _____ Fees _____

Class or Workshop: Day & Time _____ Fees _____

Friday only _____ Saturday only _____ Sunday only _____ Fees _____

Total Fees: for all classes/workshops \$ _____

Minus Discount (if any – only one discount applies) – _____

TOTAL FEES (billed to my credit card, or pd. by check or cash) \$ _____

Payment Options:

- Paid by Check Paid by Cash Paid by Credit Card
- Credit Card Payment: (check one) Visa MasterCard Discover

Credit Card Number (fill in boxes below)

□	□	□	□	□	□	□	□	□	□	□	□	□	□	□	□
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Exp. Date: _____ Signature _____

For your convenience, register online @ www.Yogawerks.com



Barrington
Yogawerks

232 E Main Street, 2nd floor
Barrington, IL 60010
847.713.2423 fax: 847-202-4904
www.Yogawerks.com

