

Spring Schedule April 4-June 26, 2004

* **NEW CLASSES, NEW TEACHERS!**

April 4-10 try any of the new classes for FREE!

Sunday	9-11am	Level 1-2	Marlene
Monday	9:30-11am	Level 1-2	Chad
	* 12-1pm	Gentle Yoga	Mary Ellen
	* 2-4pm	Open Practice	Chad/Staff
	4-5:30pm	Teen	Chad
	* 6-7:20pm	Vinyasa Flow	Greg
	* 7:30-8:50pm	Basics	Brian
Tuesday	9:30-11am	Level 1-2	Marlene
	* 11:15am-1:15pm	Open Practice	Chad/Staff
	6:30-8:15pm	Level 2	Chad
Wednesday	9:30-11am	Basics	Chad
	* 11:15am-1:15pm	Open Practice	Chad/Staff
	6:00-7:20pm	Community	Marlene
	* 6:20-7:20pm	Philosophy	Uma
	* 7:30-8:50pm	Level 1-2	Brian
Thursday	9:30-11am	Level 1-2	Marlene
	6:30-8:15pm	Level 1-2	Chad
Friday	* 9:30-11am	Level 1-2	Julie
Saturday	* 8-9:15am	Basics	Brian
	9:30-11am	Level 1-2	Chad

- **Want CASH? – refer a friend – get Yogabucks!**
- New class times, teachers, including open practice, vinyasa, advanced and gentle yoga classes.
- New Wednesday night \$10 class: intro to philosophy, mythology & Sanskrit, new topic each week.
- Freshly stocked yoga boutique, offering books, jewelry and **stylin'** hemp yoga duds!
Organic produce, essential oils.
- Anusara Immersions fall 2004/Teacher Training 2005

Fast Start Intro, 2-Day Sessions

April 3-4, June 5-6 2-4pm: \$50 Instructor: Chad

Kirtan Concert Benjy and Heather

Tuesday April 13: 8pm Special kirtan concert with Benjy & Heather Wertheimer \$15 (\$18 at the door) Live Shavasana for the Tuesday night class. www.benjymusic.com

YOGAWERKS...it's worth the drive!

For info and to register online www.yogawerks.com or call 847.713.2423 to request a registration form

Yogawerks

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